



**TEMPLE  
GYM**

# UPCOMING PHYSIOTHERAPY PRESENTATION

**March 31st at 5.30pm with George**

**“ Common Injuries from Running ”  
Immediate management & ongoing  
management in the gym**



**George hunter - Physiotherapist**



Register interest on:

- Gym Master app
- sign on sheet at front desk.



**Atkins Health**  
PROVEN. TAILORED. SUCCESS.